# Northwest Region Hometown Health Improvement December 2013

### **Baxter County**

#### LHU Administrator: Lou Anne McClendon

	PRTING PERIOD BESIDE THE APPROPRIATE PUBLIC HEALTH INITIATIVE:
AGING POPULATION	Mruk family center on Aging has a senior health center staffed with ANP, social worker and overseen by Dr. Paden. Faith and Health with Dr. David Lipschitz Dec 3rd. Dec.5 <sup>th</sup> Inflammatory bowel with Dr. Moore. Ideas for Giving Homemade Gifts with Estella Tullgren Dec. 11 <sup>th</sup> .
ALCOHOL & DRUG PREVENTION	
BREAST CARE	
	3D mammogram provided by BRMC mobile unit at BCHU every 6 weeks
BREASTFEEDING	Schliemann Center for Women's Health Education: Breastfeeding education Dec. 23 <sup>rd</sup> .
	Partnering with Women's Health Center at ABMC to provide education and promote breastfeeding, Breastfeeding support Pregnancy Resource Center.
	Lactation support at Schliemann Center for Women's Health Education every Tuesday.
CANCER	Breast Cancer survivors meeting at Peitz cancer support group.
	Chatting needles for cancer survivors and friends every Wed. in
	Dec. at the Peitz cancer support group.
	Men with Cancer support group Dec. 11th. at Peitz house.
	Healthy steps exercise for cancer survivors every Thursday at
	the Peitz Cancer support House.
	Peitz Cancer Support House: What you need to know series:
	Cancer Dec. 3 <sup>rd</sup> .Treatments Dec. 10 <sup>th</sup> , Support/resources Dec.
	17 <sup>th</sup> and Nutrition Dec. 31st.
	Jan Halligan, dietician, discussed nutritional needs of cancer
	patients at the Peitz Cancer House Dec. 30th
CAR SEAT SAFETY	
CHILD/SCHOOL HEALTH	Partnering with Baxter Co. Alternative School to promote drug abuse awareness.
DIABETES	Diabetes Wellness at Reppell Diabetes Learning Center Dec. 23 <sup>rd</sup> .  Mountain Home Christian Clinic Free diabetic education, cooking classes, free testing supplies, free diabetic meds.
EMERGENCY PREPAREDNESS	
ENVIRONMENTAL HEALTH	Act 811 posters and info
FAMILY PLANNING	
HEART DISEASE/STROKE	Mountain Home Christian Clinic, BRMC stroke support group MRUK center
IMMUNIZATION	Treasure chest toys to promote IMMS given to each child receiving imms.
INFANT MORTALITY	Parenting classes BRMC, Back To Sleep BCHU, free baby blankets provided to all new baby's in WIC
INJURY PREVENTION	Posters in BCHU waiting room with warnings about medication and the need to keep out of children's reach.
NUTRITION	
	Overeaters anonymous First United Methodist Church every Monday

ORAL HEALTH	Free tooth brush given to WIC clients with info on dental care
PHYSICAL ACTIVITY	TOPS 131, Redeemer Lutheran Church, Fitness for Men Oakland community center, Senior exercise First Baptist Church, PEPPI Van Matre senior center, Yoga for Cancer survivors Peitz cancer support house, Strong Women Norfork United Methodist Church, Healthy steps exercise for cancer survivors PEITZ cancer support house, Chair Yoga Van Matre senior center.  Strong women exercise Classes at Mruk Family Education center on Aging every Tues. and Thurs.Fitness for Men every Mon. Wed. and Friday.
STD/AIDS/HIV	STD/AIDS/HIV info education BCHU
TEEN PREGNANCY	Mountain Home Pregnancy Resource Center, assists with planned and unplanned pregnancy, Free ultrasounds Schliemann Center for Women's Health education Teen Girls, Self-esteem. Dec. 31 <sup>st</sup> .
TOBACCO/SMOKING CESSATION	Teen substance Abuse classes every Tuesday in Dec. 3 at The Family Resource Center. Peitz Cancer providing free smoking cessation classes Dec.16 <sup>th</sup> and 30 <sup>th</sup> Mountain Home Christian Clinic offers smoking cessation classes.
YOUTH OUTREACH	
WORKSITE WELLNESS	ASU Mountain Home, Baxter Co. government, Baxter Healthcare, BRMC
OTHERS:	Growing through Grief BRMC home health and Hospice building Dec 11.

NETWORKING THIS MONTH (ELECTED OFFICIALS, COUNTY HEALTH OFFICERS, COMMUNITY PARTNERS):

DATE/ LOCATION	NAME OF CONTACT & SHORT OUTCOME
12/04/2013 Baxter Co.	Met with Jennifer Patrick from Department of Workforce regarding services of the
Health Unit.	health unit.

#### **ALL PRESENTATIONS**

DATE & LOCATION	AUDIENCE TARGET & SUBJECT MATTER	
12/13/13 Baxter Co.	Met with Chamber of Commerce Leadership class to discuss services of the health	
Health Unit.	unit and gave them a tour of building. 13 members. Gave each one a list of our	
	services and the Baxter Co. Health Facts pamphlet.	

ADMINISTRATIVE FUNCTIONS, I.E. ANYTHING RELATED TO HHI

DATE	ACTIVITY/ TASK	
Every Monday 8-9	Weekly clinic meetings and updates.	

### OTHER: BEST PRACTICES, PROGRAM & ACTIVITY TITLES, CONTACTS & RESOURCES TO SHARE WITH OTHER LHU ADMS:

NAME, TITLE, CONTACT	ACTIVITY/ TASK		
First United Methodist	Caps and mittens for children, clothes for infants from the Happy Birthday Jesus		
Women	party and toothbrushes		
Chatting Needles	Layettes for boys and girls. They buy these clothes at yard sales and wash them and quilt a new blanket for each layette.		

### Benton County LHU Administrator: Loy Bailey

MEETINGS/ TRAININGS ATTENDED THIS MONTH (WHO, WHAT WHEN & WHERE)

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NAME	TYPE OF MEETING/ TRAINING		
Benton County Community	Presentation/update on the National Children's Study involving Benton County		
Coalition			
Bridges to Wellness Board			
Meeting			

### **Boone County**

### LHU Administrator: Tammi McCutchen\

PLEASE WRITE A SUMMARY OF ACTIVITIES (WHO, WHAT, WHEN & WHERE) AND INDICATE IF AN OUTREACH FORM WAS SUBMITTED DURING THIS REPORTING PERIOD BESIDE THE APPROPRIATE PUBLIC HEALTH INITIATIVE:

	ORTING PERIOD BESIDE THE AFFROPRIATE FUBLIC HEALTH INITIATIVE.	
AGING POPULATION	Parkinson's Disease Support Group meeting 12/10/13, NAC Center Campus	
ALCOHOL & DRUG PREVENTION	Substance Abuse committee meeting 12/09/13. Discussed new project ideas along with drug and alcohol abuse prevention.	
BREAST CARE		
BREASTFEEDING	BF peer counselor "breast feeding room" established, patients utilizing room when in LHU. To date we have 3-4 patients per month utilizing the room.	
CANCER	Boone County Cancer Dialogue Group 12/02/13, and 12/16/13. NARMC to host prostate cancer screenings 12/13/13.	
CAR SEAT SAFETY		
CHILD/SCHOOL HEALTH		
DIABETES	CHRC Diabetes Support Group Meeting – Community Support Group 12/12/13.	
EMERGENCY PREPAREDNESS	Meeting with Mike Smithyman OEM, Boone County, discussed "shelters" and weather for upcoming winter. Meeting held 12/05/13.	
ENVIRONMENTAL HEALTH		
FAMILY PLANNING		
HEART DISEASE/STROKE		
IMMUNIZATION		
INFANT MORTALITY		
INJURY PREVENTION	Safe Routes to school Meeting held 12/18/13, held at Durand Center, discussed new projects for upcoming year.	
NUTRITION		
OBESITY		
ORAL HEALTH		
PHYSICAL ACTIVITY		
STD/AIDS/HIV		
TEEN PREGNANCY		
TOBACCO/SMOKING CESSATION		
YOUTH OUTREACH	Youth Diabetic Support Group Meeting 12/12/13 at NAC South Campus.	
WORKSITE WELLNESS	Touris Stabolio Support Group mooning 12/12/10 at 14/10 Godin Gampus.	
OTHERS: CAREGIVERS	Caregivers Support Group Meeting 12/4/13.	
SUPPORT GROUP MEETING		
OTHERS: GRIEF SUPPORT	Grief Support Group meeting 12/3, 12/10, 12/17, 12/31, at First Presbyterian	
GROUP	Church.	
OTHERS: NAPHE BOARD MEETING	NAPHE Board Meeting held 12/11/13.	
OTHERS: WELLNESS COMMITTEE MEETING	Wellness Committee meeting held 12/12/13 at Harrison Administration Building.	
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MEETINGS/TRAININGS ATTENDED THIS MONTH (WHO, WHAT WHEN & WHERE)

NAME	TYPE OF MEETING/ TRAINING		
HHI Executive Committee Meeting	12/19/13 meeting held at Local Health Unit discussed future projects of HHI. (Planning Meeting) held with Scott Swanson re: Recovery project for Boone County.		
New Administrators Meeting	New Administrators meeting held at Regional office 12/17/13.		
NW Hospital Group Meeting	12/23/13 NW hospitals discussed AWIN radios, emergency plans etc.		
Substance Abuse Committee Meeting	12/09/13, Durrand Center, substance abuse committee meeting. New project planning meeting.		

GRANTS APPLIED (AP) FOR AND/OR AWARDED (AW) IN THE COMMUNITY THIS MONTH:

GRANTORS/AMOUNT	SHORT SUMMARY OF GOALS FOR TARGET AREAS ADDRESSED	AP or AW
Robert Wood Johnson	Amount of \$360,000.00 – Healthy Kids Healthy Ozarks	AW
Grant		
AmeriCorps Vista project	Amount of \$529,136.00 – Vista project site grant.	AW
site grant		
ADH community based	Amount \$75,000.00 - Tobacco prevention and education	AW
tobacco prevention and		
education program		
Susan G. Komen Grant	Amount \$75,000.00 - Breast Care Awareness/ Breast Cancer Prevention	AW

ADMINISTRATIVE FUNCTIONS, I.E. ANYTHING RELATED TO HHI

DATE	ACTIVITY/ TASK
12/19/13 HHI Executive	Meeting held with HHI executive committee, discussion of upcoming projects for HHI and
Committee Meeting	planning for 2014.

### Carroll County LHU Administrator: Sherri Plumlee

PLEASE WRITE A SUMMARY OF ACTIVITIES (WHO, WHAT, WHEN & WHERE) AND INDICATE IF AN OUTREACH FORM WAS SUBMITTED DURING THIS REPORTING PERIOD BESIDE THE APPROPRIATE PUBLIC HEALTH INITIATIVE:

A D		G PERIOD BESIDE THE APPROPRIATE PUBLIC HEALTH INITIATIVE:
AGING POPULATION	NO	CLASSES AT SENIOR SENIOR CENTER
	V	
ALCOHOL & DRUG PREVENTION		MEETINGS IN EUREKA AND BERRYVILLE
BREAST CARE		
Breastfeeding		
CANCER		
CAR SEAT SAFETY		
CHILD/SCHOOL HEALTH		
DIABETES		MERCY HOSPITAL SUPPORT GROUP
EMERGENCY PREPAREDNESS		MONTHLY RADIO CHECK WITH HOSPITALS, WKL WITH STATE
ENVIRONMENTAL HEALTH		
FAMILY PLANNING		
HEART DISEASE/STROKE		
IMMUNIZATION		
INFANT MORTALITY		
INJURY PREVENTION		
NUTRITION		Berryville elementary and intermediate schools- grant for fresh fruits and veggies. Master gardener classes with 5 <sup>th</sup> graders on Mondays.
OBESITY		
ORAL HEALTH		
PHYSICAL ACTIVITY		Community center cardio classes, swimming
STD/AIDS/HIV		
TEEN PREGNANCY		
TOBACCO/SMOKING		Outreach with WIC/FP/STD clients
CESSATION		
YOUTH OUTREACH		
WORKSITE WELLNESS		

NETWORKING THIS MONTH (ELECTED OFFICIALS, COUNTY HEALTH OFFICERS, COMMUNITY PARTNERS):

DATE/ LOCATION	NAME OF CONTACT & SHORT OUTCOME
MONTHLY	WITH COUNTY JUDGE AND HEALTH OFFICE ON LHU ISSUES

ADMINISTRATIVE FUNCTIONS, I.E. ANYTHING RELATED TO HHI

DATE	ACTIVITY/ TASK
12/30/13	Meeting with Cassie to update LHU goals and profile

### Conway County LHU Administrator: Jaynie Jones

AGING POPULATION		
ALCOHOL & DRUG PREVENTION		
BREAST CARE	Х	Pamphlets out in the County
Breastfeeding		
BREASTI ELDING		
CANCER		
CAR SEAT SAFETY		
CHILD/SCHOOL HEALTH		
DIABETES		
EMERGENCY PREPAREDNESS		
MEETING		
ENVIRONMENTAL HEALTH		
FAMILY PLANNING		
HEART DISEASE/STROKE		
IMMUNIZATION		
INFANT MORTALITY		
INJURY PREVENTION		
Nutrition		T. I. (CD. 1.0. 11.1 (TOPO)
OBESITY	Х	Taking off Pounds Sensibly (TOPS) met at LHU Thursday pm
ORAL HEALTH		
PHYSICAL ACTIVITY	Х	Silver Sneakers program meet weekly at C-4 Community Center. TOPS- Taking off Pounds Sensibly meeting at LHU Thursday evening.
STD/AIDS/HIV		
TEEN PREGNANCY	Х	12-05-13 Met with Melinda Neeley on SOS teen Pregnancy to set up Booth @ LHU on December 9 <sup>th</sup> , 2013 From 8:00am to 3:00pm
TOBACCO/SMOKING	Х	Here is the support letter I am referring to. Please sign in blue ink. I
CESSATION		will come and get it from you tomorrow. Thanks so much!
		Arkansas Department of Health
		Tobacco Prevention and Cessation Program
		4815 West Markham Street, Slot 3
		Little Rock, AR 72205
		,
		RE: Conway County Academic/Youth and Young Adult
		Community-Focused Grant
		To Whom It May Concern:
		Conway County Health Unit has supported the tobacco
		prevention efforts conducted in Conway County through the
		application made by the Conway County Hometown
		Health/ATOD Prevention Coalition. Great strides have been
		made in lowering the use of tobacco products in our community.
		As a community member, we will participate in the community
		tobacco grants work plan activities. We understand that there
	1	

will be times that we will be called upon to help achieve an activity, such as working a booth at a community event or other tobacco prevention activities.

We want to take this opportunity to continue our support for this tobacco prevention effort. We understand that we have a responsibility in each of the 4 goal areas of the work plan.

Please continue to invest in our community by funding this proposal.

Sincerely, Jaynie Jones

12-05-13 Met with Melinda Neeley on SOS teen Pregnancy to set up Booth @ LHU on December 9<sup>th</sup>, 2013 From 8:00am to 3:00pm

Hi Jaynie, below is what I reported about the table set up at Conway County Health Unit for the WIC patients on 12/17/2013:

Since my first booth setup on 12/9/2013 was successful but the maternity clientele was very small and it had also been a bad weather day, Jaynie Jones, Administrator, asked me to come back and target the WIC population today, 12/17/2013. This was another collaborative effort with the Conway County Health Dept. to reach mothers and their families who might be using tobacco. There is a VERY high rate of tobacco use among families in the WIC program. There were other clients besides WIC coming in as well, so there was a variety of demographics reached. Therefore, I came with a wide array of information that would hit all age brackets. This table provided all of the SOS brochures/cards about the harms to baby when pregnant: onesie cards, "When You're a Mother You're Smoking for Two," "Everyone Needs a Reason to Quit Smoking" (ultrasound pic), as well as all of the regular informational brochures about smoking and the dangers to your health (cardiovascular, asthma, cancer). The table also provided information on Smokeless tobacco, and offered Act 811 cards, 1-800-QUIT-NOW cards, and Fax-Back Referrals. I also had interactive displays -Mr. Gross Mouth and the Tobacco Spinboard - which were effective in drawing in the children. Informational boards on secondhand smoke and the effects and hazards of smoking were used as the backdrop. This target group needs to be hit OFTEN but they are very difficult to reach - many turned their heads away when I explained why I was there, due to the fact that they

were tobacco users. Despite this, I reached approximately 20 people with my tobacco messages, and secured 2 fax-back referrals, 9 smoke-free home/car pledges, and 4 tobacco-free pledges. When I first got there that day, I asked the WIC rep at the health dept. if she would please refer tobacco-using clients to me after they concluded their meetings with her, if they indicated they were ready to quit, or even if they just wanted information. She was very cooperative, and this joint effort worked out well!

Thanks so much, Jaynie, for letting me do this again! I hope I can come back to target this population again sometime this quarter. It is very much needed! Just let me know.

Melinda Neeley, B.S., Prevention Specialist

Academic Tobacco Grant Coordinator for Conway County

#### **LOCAL PUBLIC RELATIONS / MEDIA COVERAGE**

LOCAL PUBLIC RELATIONS / MEDIA COVERAGE			
NAME/TYPE OF MEDIA	TYPE OF EVENT (PRESENTATION, PRINT ARTICLE PUBLISHED, RADIO, ETC.)		
KVOM 12/19/2013	Good morning! Please email me with any news or announcements that need to be made on KVOM in the morning during the Coalition's regular spot. Gina Robinson has once again come through for us and will be going on the air on our behalf.  Thank you!  *Melinda Neeley, B.S.** Prevention Specialist*  KVOM- announcement open enrollment in the Health Insurance Marketplace is continuing at the Health Department.  Anyone interested can stop by the Health Unit at 100 Hospital Drive or call 501-354-4652 to make an appointment with a licensed In-Person Assistor Guide.		

NETWORKING THIS MONTH (ELECTED OFFICIALS, COUNTY HEALTH OFFICERS, COMMUNITY PARTNERS):

DATE/ LOCATION	NAME OF CONTACT & SHORT OUTCOME
	Below is what Melinda Neely reported to ADH/TPCP about our
	collaborative effort to target pregnant teens/young mothers with
	tobacco prevention and cessation this morning:
	"After a meeting held on Nov. 19 <sup>th</sup> , Conway County Health Dept.
	Administrator, Jaynie Jones, agreed to let me set up a table in the
	waiting room today as a collaborative effort with them to reach
	pregnant teens/women about the dangers of tobacco. Today was their
	day for seeing maternity patients. However, knowing there would be
	other patients coming in as well, and that there would be a variety of
	demographics, I came with a wide array of information that would hit
	all age brackets. This table provided all of the SOS brochures/cards
	about the harms to baby when pregnant (onesie cards, "When You're
	a Mother You're Smoking for Two," "Everyone Needs a Reason to Quit

Smoking" (ultrasound pic), as well as all of the regular informational brochures about smoking and the dangers to your health (cardiovascular, asthma, cancer). The table also provided information on Smokeless tobacco, and offered Act 811 cards, 1-800-QUIT-NOW cards, and Fax-Back Referrals. I also had interactive displays - Mr. Gross Mouth and the Tobacco Spinboard - which were effective today with drawing in a few kids. Informational boards on secondhand smoke and the effects and hazards of smoking were used as the backdrop. I soon discovered that a large number of the patients seen at the Health Dept. are tobacco users, so this is an excellent place to do tobacco prevention work, but it makes it a little more difficult to reach them. One drawback: this event was held on a bad weather day due to the snow and ice, so patient traffic was slow. However, despite the weather, approximately 15 people were served, and 5 Home/Car and 3 tobacco-free pledges were secured. The children who were reached ranged in ages from 7 to 12, and there were 4 young mothers I spoke with, as well as the health department staff. I left the Health Dept. with some materials that the clinic doesn't have access to (Smoker's Calculator sliders). They would like me to come back on WIC day as another collaborative effort to try to target pregnant moms/young mothers again. This has been scheduled for Tuesday Dec. 17.

#### **Crawford County**

#### **LHU Administrator: Michelle Hammer**

AGING POPULATION	
ALCOHOL & DRUG PREVENTION	
BREAST CARE	
Breastfeeding	
CANCER	
CAR SEAT SAFETY	
CHILD/SCHOOL HEALTH	
DIABETES	
EMERGENCY PREPAREDNESS	
ENVIRONMENTAL HEALTH	
FAMILY PLANNING	
HEART DISEASE/STROKE	
IMMUNIZATION	
INFANT MORTALITY	
INJURY PREVENTION	
NUTRITION	
OBESITY	
ORAL HEALTH	
PHYSICAL ACTIVITY	
STD/AIDS/HIV	
TEEN PREGNANCY	

TOBACCO/SMOKING	
CESSATION	
YOUTH OUTREACH	
WORKSITE WELLNESS	
OTHERS:	CCHEC meetings for November and December 2013 were postponed until 01/2014 due to flu clinics and holidays.

PLEASE WRITE A SUMMARY OF ACTIVITIES (WHO, WHAT, WHEN & WHERE) DURING THIS REPORTING PERIOD BESIDE THE APPROPRIATE PUBLIC HEALTH INITIATIVE:

RESOURCE DIRECTORY	
DEVELOPED	
ANY SURVEY (CAHS, CYHS, COUNTY HEALTH RANKINGS, YOUTH TOBACCO SURVEY, ETC.)	
COMMUNITY FLU CLINIC	
SCHOOL FLU CLINIC	School flu clinics were completed Nov. and Dec. 2013 on Mondays and Thursdayslast clinic was held on 12/16/13.
DISPENSING EXERCISE	
COUNTY HHI CELEBRATION	
SPONSORED TRAINING FOR	
COMMUNITY/COALITION	
OTHERS:	

MEETINGS/ TRAININGS ATTENDED THIS MONTH (WHO, WHAT WHEN & WHERE)

NAME	TYPE OF MEETING/ TRAINING
LEPC meeting was held	Emergency planning committee met on 11/12/13 at 15:00 at the Office of Emergency
on 11/12/13	Management- next meeting planned for 02/2014

### Franklin County LHU Administrator: Rebecca Wright

AGING POPULATION		
ALCOHOL & DRUG PREVENTION		
BREAST CARE		
BREASTFEEDING		
CANCER		
CAR SEAT SAFETY		
CHILD/SCHOOL HEALTH		
DIABETES		
EMERGENCY PREPAREDNESS		
ENVIRONMENTAL HEALTH		
FAMILY PLANNING		
HEART DISEASE/STROKE		
IMMUNIZATION		
INFANT MORTALITY		
INJURY PREVENTION		
NUTRITION		
OBESITY		
ORAL HEALTH		
PHYSICAL ACTIVITY		
STD/AIDS/HIV	Х	Discussed with Ozark school nurses
TEEN PREGNANCY		
TOBACCO/SMOKING	_	

CESSATION		
YOUTH OUTREACH		
WORKSITE WELLNESS		
OTHERS: IPA	Х	IPA promoted in community

### Johnson County LHU Administrator: Judy Bradley

PLEASE WRITE A SUMMARY OF ACTIVITIES (WHO, WHAT, WHEN & WHERE) AND INDICATE IF AN OUTREACH FORM WAS SUBMITTED DURING THIS REPORTING PERIOD BESIDE THE APPROPRIATE PUBLIC HEALTH INITIATIVE:

AGING POPULATION		
ALCOHOL & DRUG PREVENTION		
BREAST CARE	Х	Kiwanis presentation on December 10 by Judy Bradley regarding the services of the Health Department.
BREASTFEEDING		
CANCER		
CAR SEAT SAFETY		
CHILD/SCHOOL HEALTH		
DIABETES		
EMERGENCY PREPAREDNESS		
ENVIRONMENTAL HEALTH		
FAMILY PLANNING	Х	Kiwanis presentation on December 10 by Judy Bradley regarding the services of the Health Department.
HEART DISEASE/STROKE		
IMMUNIZATION	Х	Kiwanis presentation on December 10 by Judy Bradley regarding the services of the Health Department.
INFANT MORTALITY		
INJURY PREVENTION		
NUTRITION		
OBESITY		
ORAL HEALTH		
PHYSICAL ACTIVITY		
STD/AIDS/HIV	Х	Kiwanis presentation on December 10 by Judy Bradley regarding the services of the Health Department.
TEEN PREGNANCY		
TOBACCO/SMOKING		
CESSATION		
YOUTH OUTREACH		
WORKSITE WELLNESS		
OTHERS: WIC	X	Kiwanis presentation on December 10 by Judy Bradley regarding the services of the Health Department.

PLEASE WRITE A SUMMARY OF ACTIVITIES (WHO, WHAT, WHEN & WHERE) DURING THIS REPORTING PERIOD BESIDE THE APPROPRIATE PUBLIC HEALTH INITIATIVE:

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RESOURCE DIRECTORY	
DEVELOPED	
ANY SURVEY (CAHS, CYHS,	
COUNTY HEALTH RANKINGS,	
YOUTH TOBACCO SURVEY, ETC.)	
COMMUNITY FLU CLINIC	
SCHOOL FLU CLINIC	
DISPENSING EXERCISE	
COUNTY HHI CELEBRATION	

PONSORED TRAINING FOR	
COMMUNITY/COALITION	

MEETINGS/ TRAININGS ATTENDED THIS MONTH (WHO, WHAT WHEN & WHERE)

NAME	TYPE OF MEETING/ TRAINING			
Judy Bradley	Johnson County Advisory Meeting for Community Development Institute Centers- Review goals met for year 2013 on December 4 <sup>th</sup> at the Johnson County DHS Office.			
Johnson County Staff	Staff Meeting December 11 <sup>th</sup> , at the Johnson County Health Unit.			
Judy Bradley	Kiwanis, December 13 <sup>th</sup> . Judy presented general information regarding all programs provided by the Health Department.			

#### LOCAL PUBLIC RELATIONS / MEDIA COVERAGE

NAME/TYPE OF MEDIA	TYPE OF EVENT (PRESENTATION, PRINT ARTICLE PUBLISHED, RADIO, ETC.)	
Graphic	Article published- Nutrition Tips U of A	
Graphic	Article published=Breast Cancer Survivors at Risk for Osteoporosis and	
-	Fractures	
Graphic	ADH Recommends Health Care Personnel Receive Flu Vaccine	
Graphic	Arkansas is Ranked Seventh in Protecting Kids from Tobacco	
Graphic	Tips offered to Keep Food and Water Safe During Power Outage	
Graphic Graphic	Influenza Vaccination week help December 9-13.	
Graphic	ADH Breast care Program to Continue Screening Services	

GRANTS APPLIED (AP) FOR AND/OR AWARDED (AW) IN THE COMMUNITY THIS MONTH:

GRANTORS/AMOUNT	SHORT SUMMARY OF GOALS FOR TARGET AREAS ADDRESSED	AP or AW
GIF Grants /\$61,000.	West Central Arkansas Planning and Development District awarded general improvement fund grants to each Fire Department in the amount of 2,500.00	AW

### **Logan County**

### **LHU Administrator: Paula Beaty**

AGING POPULATION	
ALCOHOL & DRUG PREVENTION	
BREAST CARE	
Breastfeeding	Display for Breastfeeding promotion at North Logan County Health Unit.
CANCER	
CAR SEAT SAFETY	12/10/13- Paula Beaty discussed with members of the Logan County Health Coalition- Car Seat Safety Training, Safety Baby Showers, 100 years Celebration, Tobacco Cessation, Great American Smokeout, and E-Cigarette policies.
CHILD/SCHOOL HEALTH	12/10/13- Paula Beaty attended Magazine Wellness Meeting and gave updates on Immunizations policies, Flu Shots, and upcoming events for Car Seat and Tobacco Prevention.
DIABETES	
EMERGENCY PREPAREDNESS	Monthly radio checks with hospitals and weekly radio checks with state health
ENVIRONMENTAL HEALTH	
FAMILY PLANNING	

HEART DISEASE/STROKE	
IMMUNIZATION	12/10/13- Paula Beaty attended Magazine Wellness Meeting and gave updates on Immunizations policies, Flu Shots, and upcoming events for Car Seat and Tobacco Prevention.  Treasure chest toys to promote IMMS given to each child receiving imms.
INFANT MORTALITY	12/10/13- Paula Beaty discussed with members of the Logan County Health Coalition- Car Seat Safety Training, Safety Baby Showers, 100 years Celebration, Tobacco Cessation, Great American Smokeout, and E- Cigarette policies. 12/10/13- Paula Beaty attended Magazine Wellness Meeting and gave updates on Immunizations policies, Flu Shots, and upcoming events for Car Seat and Tobacco Prevention.
INJURY PREVENTION	12/10/13- Paula Beaty discussed with members of the Logan County Health Coalition- Car Seat Safety Training, Safety Baby Showers, 100 years Celebration, Tobacco Cessation, Great American Smokeout, and E- Cigarette policies. 12/10/13- Paula Beaty attended Magazine Wellness Meeting and gave updates on Immunizations policies, Flu Shots, and upcoming events for Car Seat and Tobacco Prevention. Posters in LCHU waiting room with warnings about Carseat safety, ATV Safety, and the need to keep medications out of children's reach.
NUTRITION	
OBESITY	
ORAL HEALTH	
PHYSICAL ACTIVITY	
STD/AIDS/HIV	
TEEN PREGNANCY	
TOBACCO/SMOKING CESSATION	12/10/13- Paula Beaty discussed with members of the Logan County Health Coalition- Car Seat Safety Training, Safety Baby Showers, 100 years Celebration, Tobacco Cessation, Great American Smokeout, and E- Cigarette policies.
YOUTH OUTREACH	
WORKSITE WELLNESS	
OTHERS: IPA ACA	12/03/13- Paula met with Kim Boren and Sara Bates to discuss ACA and IPA program in Logan Paris and Logan Booneville. ACA promoted with WIC, FP, Maternity, and Breastcare clients. CLIENTS. Jessica Johnson, IPA doing outreach.
OTHERS:WIC	Pamphlets given to local daycares, community centers, and Headstart.

# Please write a summary of activities (WHO, WHAT, WHEN & WHERE) during this reporting period beside the appropriate Public Health Initiative:

RESOURCE DIRECTORY DEVELOPED	
ANY SURVEY (CAHS, CYHS, COUNTY HEALTH RANKINGS, YOUTH TOBACCO SURVEY, ETC.)	
COMMUNITY FLU CLINIC	12/10/13- Paula Beaty attended Magazine Wellness Meeting and gave updates on Immunizations policies, Flu Shots, and upcoming events for Car Seat and Tobacco Prevention.
SCHOOL FLU CLINIC	
DISPENSING EXERCISE	
COUNTY HHI CELEBRATION	100 Year Celebration 12/10/13 100 year celebration ongoing with lobby display and literature available to public.
SPONSORED TRAINING FOR COMMUNITY/COALITION	

MEETINGS/TRAININGS ATTENDED THIS MONTH (WHO, WHAT WHEN & WHERE)

NAME	TYPE OF MEETING/ TRAINING	
Logan County Health	12/10/13- Paula Beaty discussed with members of the Logan County Health	
Coalition	Coalition- Car Seat Safety Training, Safety Baby Showers, 100 years Celebration,	
	Tobacco Cessation, Great American Smokeout, and E-Cigarette policies.	
Magazine Wellness Clinic	12/10/13- Paula Beaty attended and gave updates on Immunizations policies, Flu	
	Shots, and upcoming events for Car Seat and Tobacco Prevention.	
Paula Beaty	12/17/13 Administrator's Meeting - Russellville	

### Madison County LHU Administrator: Shana Villines

AGING POPULATION		
ALCOHOL & DRUG PREVENTION		
BREASTFEEDING	Х	Local health unit nurse takes pictures of breastfeeding moms and their children and showcases them on a bulletin board in our clinic room. We have monthly breastfeeding support group at Open Arms Pregnancy Center.
CANCER	X	We continue our Komen Breast Health Navigation Program.  Monthly breast cancer support meeting. Komen Navigator attends Breast Conference in Fayetteville once per week. This is where area doctors and providers meet to discuss clients and treatment options.
CAR SEAT SAFETY	Χ	Installed 3 car seats this month.
CHILD/SCHOOL HEALTH		
DIABETES		
EMERGENCY PREPAREDNESS		
ENVIRONMENTAL HEALTH		
FAMILY PLANNING		
HEART DISEASE/STROKE		
IMMUNIZATION		
INFANT MORTALITY	Χ	We are planning a Safety Baby Shower for Jan 2014
INJURY PREVENTION		
NUTRITION		
OBESITY		
ORAL HEALTH		
PHYSICAL ACTIVITY		
STD/AIDS/HIV		
TEEN PREGNANCY	X	Project FOCUS continues to work with our pregnant and parenting teens. We partner with them and give them condoms to distribute at our local high school. They refer teens to us for birth control. Currently sponsoring teen parenting classes.

TOBACCO/SMOKING CESSATION	Х	Coordinator conducted Tobacco Merchant Training
YOUTH OUTREACH		
WORKSITE WELLNESS		

### **Marion County**

### **LHU Administrator: Valerie Shipman**

PLEASE WRITE A SUMMARY OF ACTIVITIES (WHO, WHAT, WHEN & WHERE) AND INDICATE IF AN OUTREACH FORM WAS SUBMITTED DURING THIS REPORTING PERIOD BESIDE THE APPROPRIATE PUBLIC HEALTH INITIATIVE:

	_	O LINOS BEGISE THE ALTROTRIATE FOREIGNEACHT INTIATIVE.
AGING POPULATION	XX	STRONG WOMEN/FIT MEN, SILVER SNEAKERS, MRUK EDU CENTER
ALCOHOL & DRUG PREVENTION		
BREAST CARE		
Breastfeeding		
CANCER	XX	MRUK EDU CENTER
CAR SEAT SAFETY		
CHILD/SCHOOL HEALTH		
DIABETES	XX	STRONG WOMEN/FIT MEN, SILVER SNEAKERS
EMERGENCY PREPAREDNESS		
ENVIRONMENTAL HEALTH		
FAMILY PLANNING		
HEART DISEASE/STROKE	XX	MRUK EDU CENTER
IMMUNIZATION		
INFANT MORTALITY		
INJURY PREVENTION		
NUTRITION		
OBESITY	XX	STRONG WOMEN/ FIT MEN, SILVER SNEAKERS
ORAL HEALTH		
PHYSICAL ACTIVITY	XX	STRONG WOMEN/ FIT MEN, SILVER SNEAKERS
STD/AIDS/HIV		
TEEN PREGNANCY		
TOBACCO/SMOKING		
CESSATION		
YOUTH OUTREACH		
WORKSITE WELLNESS		

### **Newton County**

### LHU Administrator: Regina Tkachuk

AGING POPULATION	
ALCOHOL & DRUG PREVENTION	
BREAST CARE	
BREASTFEEDING	
CANCER	The Bruce Wilburn "White Christmas Program and Dessert Extravaganza" benefit held on December 1st was a big success, raising more than \$600 for the Cancer Support Group.
CAR SEAT SAFETY	
CHILD/SCHOOL HEALTH	
DIABETES	
EMERGENCY PREPAREDNESS	

ENVIRONMENTAL HEALTH	
FAMILY PLANNING	
HEART DISEASE/STROKE	
IMMUNIZATION	
INFANT MORTALITY	
INJURY PREVENTION	
NUTRITION	
OBESITY	
ORAL HEALTH	
PHYSICAL ACTIVITY	
STD/AIDS/HIV	
TEEN PREGNANCY	
TOBACCO/SMOKING	
CESSATION	
YOUTH OUTREACH	Newton County Extension office provided gifts to low income children
WORKSITE WELLNESS	
OTHERS: ASTHMA	
OTHERS: PROSTATE HEALTH	
OTHERS: DEPRESSION	

#### LOCAL PUBLIC RELATIONS / MEDIA COVERAGE

Name/Type of Menu	Type of Figure (2000) 1000
NAME/TYPE OF MEDIA	TYPE OF EVENT (PRESENTATION, PRINT ARTICLE PUBLISHED, RADIO, ETC.)
Jeff Dezort/Newton County Times	12/06/2013 Janet Voshell, representing the Hasty Lodge of Woodman of the World, recently presented a check to Betty Stivers representing the Newton County Christian Food Room.
Jeff Dezort/Newton County Times	Newton County Veterans Services Officer Vernie Heydenreich announced that his office had many serviceable coats available for free to anyone in need of one.
Jeff Dezort/Newton County Times	Newton County Extension office collected and distributed gifts to low income families.
Jeff Dezort/Newton County Times	12/06/2013 State Rep. David Branscum (R) of Marshall, played Santa Claus recently bringing a gift in the form of a check in the amount of \$5,263.15 to the Newton County Senior Activity & Wellness Center here.

#### **ALL PRESENTATIONS**

DATE & LOCATION	AUDIENCE TARGET & SUBJECT MATTER
12/20/2013	Mary Eakin presented on ACA at the Newton County PCA In-service

### Pope County LHU Administrator: Pam Sellers

AGING POPULATION		
ALCOHOL & DRUG PREVENTION		
BREAST CARE		
BREASTFEEDING		
CANCER		
CAR SEAT SAFETY		
CHILD/SCHOOL HEALTH	Х	December 17 <sup>th</sup> Shared Immunization and Health Care Insurance information at CDI staff training meeting
DIABETES		
EMERGENCY PREPAREDNESS		

ENVIRONMENTAL HEALTH		
FAMILY PLANNING		
HEART DISEASE/STROKE		
IMMUNIZATION	Х	December 17 <sup>th</sup> Shared Immunization and Health Care Insurance information at CDI staff training meeting
INFANT MORTALITY		
INJURY PREVENTION		
NUTRITION		
OBESITY		
ORAL HEALTH		
PHYSICAL ACTIVITY		
STD/AIDS/HIV		
TEEN PREGNANCY		
TOBACCO/SMOKING		
CESSATION		
Youth Outreach		
WORKSITE WELLNESS		
OTHERS:	Х	Health Sub-committee planning Suicide prevention walk in Spring of 2014.

PLEASE WRITE A SUMMARY OF ACTIVITIES (WHO, WHAT, WHEN & WHERE) DURING THIS REPORTING PERIOD BESIDE THE APPROPRIATE PUBLIC HEALTH INITIATIVE:

RESOURCE DIRECTORY	
DEVELOPED	
ANY SURVEY (CAHS, CYHS,	
COUNTY HEALTH RANKINGS, YOUTH TOBACCO SURVEY, ETC.)	
COMMUNITY FLU CLINIC	
SCHOOL FLU CLINIC	
DISPENSING EXERCISE	
COUNTY HHI CELEBRATION	
SPONSORED TRAINING FOR	
COMMUNITY/COALITION	
OTHERS:	

MEETINGS/ TRAININGS ATTENDED THIS MONTH (WHO, WHAT WHEN & WHERE)

NAME	TYPE OF MEETING/ TRAINING
Pam Sellers	December 10 <sup>th</sup> Quorum Court 2014 budget meetings.

#### LOCAL PUBLIC RELATIONS / MEDIA COVERAGE

NAME/TYPE OF MEDIA	TYPE OF EVENT (PRESENTATION, PRINT ARTICLE PUBLISHED, RADIO, ETC.)
Pam Sellers/Newspaper	Printed article in The Courier Newspaper for Flu cases interview12/31/13.
	Published 01/01/14.

NETWORKING THIS MONTH (ELECTED OFFICIALS, COUNTY HEALTH OFFICERS, COMMUNITY PARTNERS):

DATE/ LOCATION	Name of Contact & Short Outcome
December 10th	December 10 <sup>th</sup> Quorum Court 2014 budget meetings.
All month	Contact with local doctors to accept appointment of County Health Officer.

#### **ALL PRESENTATIONS**

DATE & LOCATION	AUDIENCE TARGET & SUBJECT MATTER
December 17th	Shared Immunization and Health Care Insurance information at CDI staff training
	meeting

### **Scott County**

#### **LHU Administrator: Darla Mortimore**

MEETINGS/ TRAININGS ATTENDED THIS MONTH (WHO, WHAT WHEN & WHERE)

NAME	TYPE OF MEETING/ TRAINING
Darla Mortimore	12/03/13 – Scott County Advisory Meeting
Darla Mortimore, Cyan Starr	12/12/13 - E-Rave training (videoconference) with representatives from each local funeral home, County Coroner and Deputy Coroner in attendance
Darla Mortimore	12/12/13 – MDT Meeting

#### NETWORKING THIS MONTH (ELECTED OFFICIALS, COUNTY HEALTH OFFICERS, COMMUNITY PARTNERS):

DATE/ LOCATION	NAME OF CONTACT & SHORT OUTCOME
12/19/13 County	Met with County Judge on 2014 budget and installation of generator at LHU
Courthouse	

#### **Searcy County**

### LHU Administrator: Libby Seftar

WAS SUBMITTED DURING THIS KEP		
AGING POPULATION	х	32 Searcy Co.participants continue on medication assistance program through OMHN. \$417,126.00 Rx's received year to date for a total of 740 medications. Walk with Ease, Tai Chi and general exercise classes weekly at the Sr. Center.
ALCOHOL & DRUG PREVENTION	Х	Searcy co. Prevention Coalition delivered a goodie basket to the sheriff's office for their support and hard work with alcohol and drug prevention.
BREAST CARE		
BREASTFEEDING	Х	Monthly BF/peer classes being offered at extension office by midwife Diana Nash.
CANCER	Х	
CAR SEAT SAFETY	Х	Car seats given to S.O. for use with children going to foster care.
CHILD/SCHOOL HEALTH		
DIABETES	Х	Area Agency on Aging offering free diabetic self-management education program.
EMERGENCY PREPAREDNESS	х	Nov. 16, joint exercise with Searcy Co. OEM, Boone Co. OEM and Red Cross Disaster Team to implement a new response plan for future disasters. Multi Agency Response Center developed. Red Cross hosted local blood drive at the Marshall High School.
ENVIRONMENTAL HEALTH	Х	Health Dept. working with Mayor regarding use of Hughes Springs for water source.
FAMILY PLANNING		
HEART DISEASE/STROKE		
IMMUNIZATION		
INFANT MORTALITY		
INJURY PREVENTION		
NUTRITION	Х	Local food pantry's provided special Christmas boxes that were distributed in the community.
OBESITY		
ORAL HEALTH		
PHYSICAL ACTIVITY	х	Zumba classes and silver sneakers program 3x week at community center. Weekly weight watchers meetings held at community center. Fitness classes held weekly at Highland Court nursing home.
STD/AIDS/HIV		
TEEN PREGNANCY	Х	15 Home visits by YMHF program coordinator Jewel Poole. Currently there are 4 MIECHV (Marternal Infant Early Childhood Home Visiting) families in

		Searcy co. which are funded by ACH. Referrals for YMHF program ongoing at clinic. Teen mothers and maternity patients referred to MIP program. Plans for YMHF group meetings at ADH made with Jewel. Effort to Outcome Training attended by Jewel and Kristen.
TOBACCO/SMOKING CESSATION	х	SCPC float and booth held at County Christmas parade. Approx. 50 stopped by booth and received literature on drug/alcohol and tobacco prevention.
Youth Outreach	х	SWAT team meetings held at Marshall and St. Joe to begin planning youth summit in VanBuren Co. St. Joe students adopted angels through the angel tree program. They provided gifts to qualified families and donated money that was used to purchase turkeys.
WORKSITE WELLNESS		

## PLEASE WRITE A SUMMARY OF ACTIVITIES (WHO, WHAT, WHEN & WHERE) DURING THIS REPORTING PERIOD BESIDE THE APPROPRIATE PUBLIC HEALTH INITIATIVE:

RESOURCE DIRECTORY	
DEVELOPED	
ANY SURVEY (CAHS, CYHS, COUNTY HEALTH RANKINGS, YOUTH TOBACCO SURVEY, ETC.)	
COMMUNITY FLU CLINIC	
SCHOOL FLU CLINIC	
DISPENSING EXERCISE	
COUNTY HHI CELEBRATION	100 year celebration ongoing with lobby display and literature available to public.
SPONSORED TRAINING FOR COMMUNITY/COALITION	

#### MEETINGS/ TRAININGS ATTENDED THIS MONTH (WHO, WHAT WHEN & WHERE)

NAME	Type of meeting/ training
12/12/13	Health Committee meeting. Lunch provided by HTH. Reviewed committee power
	point and goals. 12 in attendance.
12/17/13	Planning meeting for Health Fair

#### LOCAL PUBLIC RELATIONS / MEDIA COVERAGE

200/12 / 022/0 / 1/12 / 1/10/10 / 1/12 / 1/10/10 /		
NAME/TYPE OF MEDIA	TYPE OF EVENT (PRESENTATION, PRINT ARTICLE PUBLISHED, RADIO, ETC.)	
12/12 and 12/19	Front page article regarding cease and desist letter from ADH to the City Mayor	
	related to use of Hughes Springs water system.	
12/19	Searcy County Prevention Coalition presented gift basket to Co. Sheriff	
12/26	SOS quitline ad by SCPC.	

#### GRANTS APPLIED (AP) FOR AND/OR AWARDED (AW) IN THE COMMUNITY THIS MONTH:

GRANTORS/AMOUNT	SHORT SUMMARY OF GOALS FOR TARGET AREAS ADDRESSED	AP or AW
\$100,000.00	Searcy County School-Federal Farm to School grant (should know in	AP
	2014)	
\$1000.00	GHC mini grant for school garden program	AP

#### ADMINISTRATIVE FUNCTIONS, I.E. ANYTHING RELATED TO HHI

DATE	
Every Tuesday	Weekly clinic meetings
12/4/13	Training with Cathie Bodenhamer on CD/TB

Sebastian County LHU Administrator: Jo Wester
PLEASE WRITE A SUMMARY OF ACTIVITIES (WHO, WHAT, WHEN & WHERE) AND INDICATE IF AN OUTREACH FORM WAS SUBMITTED DURING THIS REPORTING PERIOD BESIDE THE APPROPRIATE PUBLIC HEALTH INITIATIVE:

AGING POPULATION	ORTING PERIOD BESIDE THE APPROPRIATE PUBLIC HEALTH INITIATIVE:
ALCOHOL & DRUG PREVENTION	
BREAST CARE	
BREASTFEEDING	
CANCER	Reynolds Cancer Support House: Holiday Message of Hope – Dec 9 <sup>th</sup> , 5:30 p.m.  Just in time for the holidays, Dr. Daniel Mackey, Cooper Clinic Oncology, will encourage and inspire as he shares his seasonal message about coping with cancer from a Christian perspective. Refreshments provided by Cooper Clinic.  Support Group Highlight:  Co-Survivor / Caregiver Support meetings have been moved to Monday nights at 5:30 p.m. beginning the first week of September. This group encourages those who are helping a loved one through cancer diagnosis, treatment and beyond.  Mixed Cancers Men's Group held Monday nights at 5 p.m. is open to men who have been diagnosed with any type of cancer. Participants will benefit from the experience and camaraderie of their peers.
CAR SEAT SAFETY	
CHILD/SCHOOL HEALTH	
DIABETES	
EMERGENCY PREPAREDNESS	
ENVIRONMENTAL HEALTH	
FAMILY PLANNING	
HEART DISEASE/STROKE	
IMMUNIZATION	
IMMUNIZATION INFANT MORTALITY	
INJURY PREVENTION	
NUTRITION	
OBESITY	
ORAL HEALTH	
PHYSICAL ACTIVITY	
STD/AIDS/HIV	
TEEN PREGNANCY	
TOBACCO/SMOKING	
I OBACCO/ OMORING	
CESSATION	

MEETINGS/ TRAININGS ATTENDED THIS MONTH (WHO, WHAT WHEN & WHERE)

NAME	TYPE OF MEETING/ TRAINING
HHI coalition meeting held	Vision planning was facilitated by Michael Brouri, DHS Division of

120313	Community Service & Nonprofit Support. The group agreed to focus their initial efforts on substance abuse education for youth. The vision statement: Improving the quality of life in Sebastian County. The mission and goals will be brainstormed at the January 7 <sup>th</sup> meeting, also facilitated by Mr. Brouri.

NETWORKING THIS MONTH (ELECTED OFFICIALS, COUNTY HEALTH OFFICERS, COMMUNITY PARTNERS):

DATE/ LOCATION	NAME OF CONTACT & SHORT OUTCOME
122313 DEM	Jeff Turner, DEM, Sebastian County, strategy planning for MDAG meeting. Planning
	meeting scheduled for 010314.

### Van Buren County LHU Administrator: Donna Branscum

WAS SUBMITTED DURING THIS REF	ORTIN	G PERIOD BESIDE THE APPROPRIATE PUBLIC HEALTH INITIATIVE:
AGING POPULATION  ALCOHOL & DRUG PREVENTION	x	Medication assistance program continues with 141 currently enrolled patients and \$13,286.11 Medications received in December. \$417, 126 received YTD. Hoping the new insurance exchange will help some of these patients receive benefits.  TEA Coalition working on several projects through the DFC grant. HBO is
ALCOHOL & DRUGT REVENTION	^	working on a documentary on meth use in Van Buren County coming up and law enforcement has asked our Prosecuting attorney to work with them. TEA has distributed 691 lock boxes in the community to lock up their prescription medications to keep them out of the hands of young people. We are also working on adding new drop off boxes in the community for medications to prevent them from being added to our water system. We currently have 3 in VBC. Working on advertising them. Our local water company recently pulled large quanities of medications and syringes from the sewer system that clogged up equipment as well as being introduced into our water supply. VBC TEA Coalition website and facebook page have been updated and has great information.
BREAST CARE		-
BREASTFEEDING	Х	New BF Peer Counselor now taking referrals. Outreach being done in all local MD offices and pharmacies.
CANCER		
CAR SEAT SAFETY		
CHILD/SCHOOL HEALTH		
DIABETES	Х	Diabetes classes being offered at Ozark Health.
EMERGENCY PREPAREDNESS	Х	Working on Emergency Planning meeting for February 7 <sup>th</sup> with Sara Daniel
ENVIRONMENTAL HEALTH		
FAMILY PLANNING		
HEART DISEASE/STROKE		
IMMUNIZATION		
INFANT MORTALITY	х	Young Moms/Healthy Families program continues with 14 current young moms. Will have a new goal of 29 admissions by September which is our maximum limit.
INJURY PREVENTION		
NUTRITION	Х	Growing Healthy Communities committee continues with TEA Coalition
OBESITY	Х	<u></u>
ORAL HEALTH		
PHYSICAL ACTIVITY		

STD/AIDS/HIV		
TEEN PREGNANCY	Х	YMHF program continues. Had a Christmas party for participants on December 17 <sup>th</sup> that was well attended, with gifts provided by Santa.
		December 17 <sup>th</sup> that was well attended, with gifts provided by Santa.
TOBACCO/SMOKING	Х	Tobacco Coordinator working on projects through OMHN with focus on
CESSATION		advertising called "Operation Storefront".
YOUTH OUTREACH	Х	THUGS (Teens Having United Goals) continues in all 3 schools. They
		helped with Christmas projects in December at the Local Nursing home.
		TEA Coalition is working on having a Teen Summit March 13 <sup>th</sup> .
WORKSITE WELLNESS		

NETWORKING THIS MONTH (ELECTED OFFICIALS, COUNTY HEALTH OFFICERS, COMMUNITY PARTNERS):

DATE/ LOCATION	Name of Contact & Short Outcome		
12/19/13	VBC TEA Coalition meeting		

ADMINISTRATIVE FUNCTIONS, I.E. ANYTHING RELATED TO HHI

7.5		
DATE	ACTIVITY/ TASK	
12/16/13	Updated and reviewed Health and Safety Plan and met with IHS supervisors on	
	workers comp claims.	

### Washington County LHU Administrator: Robin Thomas

AGING POPULATION ALCOHOL & DRUG PREVENTION BREAST CARE BREAST CARE BREASTFEDING CANCER CAR SEAT SAFETY CHILD/SCHOOL HEALTH DIABETES EMERGENCY PREPAREDNESS ENVIRONMENTAL HEALTH FAMILY PLANNING Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.  HEART DISEASE/STROKE IMMUNIZATION INFANT MORTALITY INJURY PREVENTION NUTRITION Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.  OBESITY ORAL HEALTH PHYSICAL ACTIVITY STD/AIDS/HIV Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.  TEEN PREGNANCY		RTING PERIOD BESIDE THE APPROPRIATE PUBLIC HEALTH INITIATIVE:
BREAST CARE BREASTFEDING CANCER CAR SEAT SAFETY CHILD/SCHOOL HEALTH DIABETES EMERGENCY PREPAREDNESS ENVIRONMENTAL HEALTH FAMILY PLANNING HOlly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.  HEART DISEASE/STROKE IMMUNIZATION INFANT MORTALITY INJURY PREVENTION NUTRITION HOlly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.  OBESITY ORAL HEALTH PHYSICAL ACTIVITY STD/AIDS/HIV Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.	AGING POPULATION	
BREASTFEEDING CANCER CAR SEAT SAFETY CHILD/SCHOOL HEALTH DIABETES EMERGENCY PREPAREDNESS ENVIRONMENTAL HEALTH FAMILY PLANNING Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.  HEART DISEASE/STROKE IMMUNIZATION INFANT MORTALITY INJURY PREVENTION NUTRITION Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.  OBESITY ORAL HEALTH PHYSICAL ACTIVITY STD/AIDS/HIV Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.  Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.		
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DIABETES  EMERGENCY PREPAREDNESS  ENVIRONMENTAL HEALTH  FAMILY PLANNING  Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.  HEART DISEASE/STROKE  IMMUNIZATION INFANT MORTALITY INJURY PREVENTION  NUTRITION  Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.  OBESITY  ORAL HEALTH  PHYSICAL ACTIVITY  STD/AIDS/HIV  Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.	CAR SEAT SAFETY	
EMERGENCY PREPAREDNESS  ENVIRONMENTAL HEALTH  FAMILY PLANNING  Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.  HEART DISEASE/STROKE  IMMUNIZATION  INFANT MORTALITY INJURY PREVENTION  NUTRITION  Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.  OBESITY  ORAL HEALTH  PHYSICAL ACTIVITY  STD/AIDS/HIV  Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.	CHILD/SCHOOL HEALTH	
ENVIRONMENTAL HEALTH  FAMILY PLANNING  Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.  HEART DISEASE/STROKE  IMMUNIZATION INFANT MORTALITY INJURY PREVENTION  NUTRITION  Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.  OBESITY  ORAL HEALTH PHYSICAL ACTIVITY  STD/AIDS/HIV  Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.	DIABETES	
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INFANT MORTALITY INJURY PREVENTION  Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.  OBESITY  ORAL HEALTH  PHYSICAL ACTIVITY  STD/AIDS/HIV  Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.	HEART DISEASE/STROKE	
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ORAL HEALTH  PHYSICAL ACTIVITY  STD/AIDS/HIV  Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.	NUTRITION	and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the
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STD/AIDS/HIV  Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.	ORAL HEALTH	
and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the importance of health.	PHYSICAL ACTIVITY	
TEEN PREGNANCY	STD/AIDS/HIV	and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and the
	TEEN PREGNANCY	

TOBACCO/SMOKING CESSATION	Holly Robins discussed STD signs, symptoms, consequences, prevention and treatment at the Washington County Juvenile Detention Center on 12/26/2013. She also discussed Health Unit Services, Breast Care and th importance of health.
YOUTH OUTREACH	
WORKSITE WELLNESS	
OTHERS: MARSHALLESE	Sandy Hainline did a presentation on the Marshallese Culture and Health
CULTURAL AWARENESS	Beliefs at the Children's Center in Lowell on 12/11/2013.

MEETINGS/ TRAININGS ATTENDED THIS MONTH (WHO, WHAT WHEN & WHERE)

NAME	TYPE OF MEETING/ TRAINING
Grand Rounds	Robin Thomas attended via teleconference on December 5 <sup>th</sup> and 12 <sup>th</sup> .
NWA Safe Communities	Robin Thomas attended the NWA Safe Communities meeting on December 2 <sup>nd</sup> .
Project Right Choice	Robin Thomas attended the Project Right Choice meeting on December 17 <sup>th</sup>
NWA HHIP	Robin Thomas attended the NWA Hometown Health Improvement Project Coalition meeting on December 18 <sup>th</sup>

#### **ALL PRESENTATIONS**

DATE & LOCATION	AUDIENCE TARGET & SUBJECT MATTER
12/18/2013- NWA HHIP	Presented a brief overview of the services our clinic offers to the members of the
Meeting	coalition.

ADMINISTRATIVE FUNCTIONS, I.E. ANYTHING RELATED TO HHI

DATE	ACTIVITY/ TASK
December 17, 2013	Wrote letter of support for the American Lung Association- Plains Gulf Region and
	their bid to obtain funding to begin its tobacco control program in the Washington
	County community.

### Yell County LHU Administrator: JM Graves

AGING POPULATION		
ALCOHOL & DRUG PREVENTION	Х	
BREAST CARE		
BREASTFEEDING	Х	
CANCER		
CAR SEAT SAFETY		
CHILD/SCHOOL HEALTH	Х	
DIABETES	Х	
EMERGENCY PREPAREDNESS		
ENVIRONMENTAL HEALTH		
FAMILY PLANNING		
HEART DISEASE/STROKE		
IMMUNIZATION		
INFANT MORTALITY		
INJURY PREVENTION		
NUTRITION		
OBESITY		
ORAL HEALTH		
PHYSICAL ACTIVITY		
STD/AIDS/HIV		

TEEN PREGNANCY	
TOBACCO/SMOKING	
CESSATION	
YOUTH OUTREACH	
WORKSITE WELLNESS	

## PLEASE WRITE A SUMMARY OF ACTIVITIES (WHO, WHAT, WHEN & WHERE) DURING THIS REPORTING PERIOD BESIDE THE APPROPRIATE PUBLIC HEALTH INITIATIVE:

RESOURCE DIRECTORY	
DEVELOPED	
ANY SURVEY (CAHS, CYHS, COUNTY HEALTH RANKINGS, YOUTH TOBACCO SURVEY, ETC.)	
COMMUNITY FLU CLINIC	Mass flu clinic Dardanelle and Danville
SCHOOL FLU CLINIC	School flu clinic Dardanelle ,Danville, Western Yell and Two Rivers Schools
DISPENSING EXERCISE	
COUNTY HHI CELEBRATION	
SPONSORED TRAINING FOR	
COMMUNITY/COALITION	

#### MEETINGS/ TRAININGS ATTENDED THIS MONTH (WHO, WHAT WHEN & WHERE)

NAME	TYPE OF MEETING/ TRAINING
Yell Co. Drug Coalition	Judging and pick of winner of county wide school Red Ribbon Poster Contest.
•	Set record for amount of drugs received at drug take back.
Tri County Regional Water	No Dec meeting
Board	
Dardanelle School	Discussed adding committee reports to annual superintendent report.
Wellness Committee	Discussed Act 1507 use of public facilities for community activities to promote public
	health and well-being of school communities.
	Discussed community health fair for 2013/2014 year.